

# Weekly Market Update

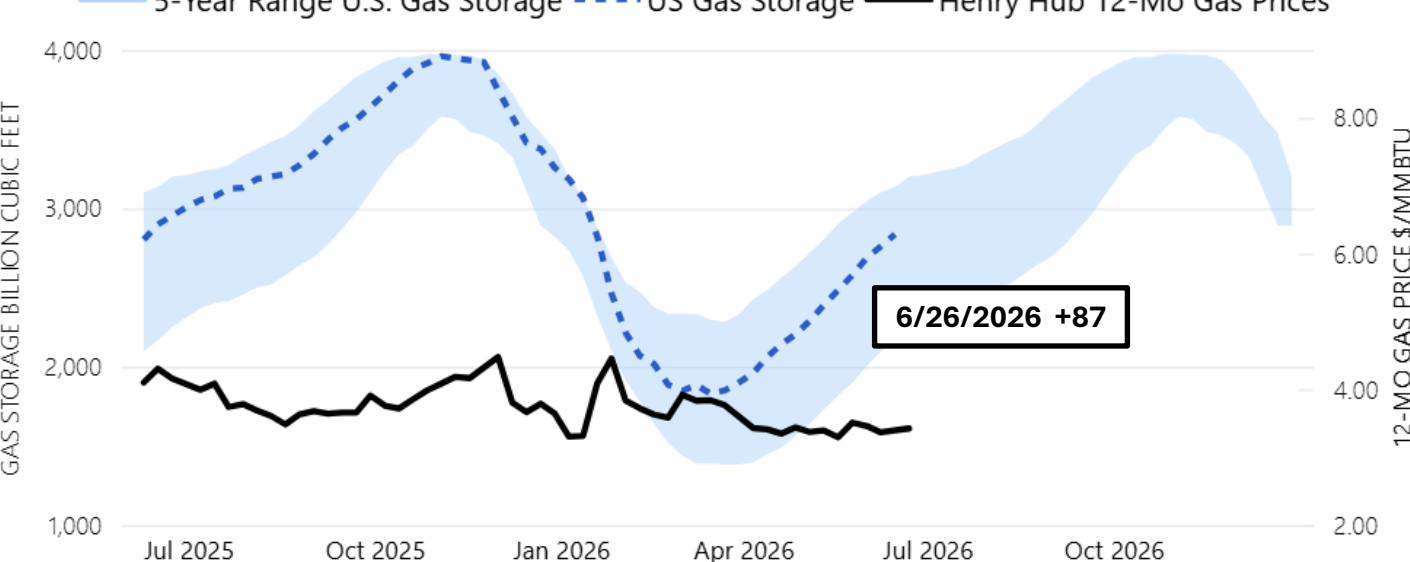
Week of July 2nd, 2026

## NATURAL GAS STORAGE UPDATE:

The EIA reported Thursday morning that, for the week ending June 26, U.S. inventories stowed 87 Bcf, overshooting the anticipated gain of 81 Bcf. Total stockpiles now stand at 2,922 Bcf, down by 0.8% since a year ago but 6.4% above the five-year average for the same week.

The newly anointed prompt month of August traded around \$3.18/MMBtu at the time of this writing. Throughout the week, cooling trends in longer-range weather models cut into price gains from record heatwaves in the East while mild weather and dominant solar output averted power burns in the West. The seven-day averages for spot prices at PG&E Citygate and SoCal Citygate thus fell to \$1.56/MMBtu and \$2.63/MMBtu, respectively.

### Natural Gas Storage vs Natural Gas Price



## REGIONAL UPDATE:

A one-two punch of light demand and abundant solar generation in Southern California pushed midday prices deep into negative territory early in the week. In the Pacific Northwest, heavy hydro output has kept the region well supplied despite a drop in wind generation. Overall, weak regional fundamentals have dragged the average for spot prices across CAISO over the past seven days down to \$13.01/MWh, but conditions may tighten and raise prices after the holiday weekend as regional temperatures should climb.

### WEST

Depending on zone, real-time prices finished June with averages ranging from the high \$20s/MWh to the low \$30s/MWh, almost 10% more than those for May and 5% more than the figures for June 2025. Entering Q3, the drought status is much improved from that of Q2 but will be tested over the next week or two as the full heat of summer starts to be felt and burdens the grid. Term prices, depending on term, have fallen this week by \$1-\$2/MWh, led by the selloff in both term natural gas prices and term heat rates. The contango from CY2027 to CY2030 has now risen to nearly \$8/MWh.

### ERCOT

Demand has climbed this week in the exceptional heat and humidity. Consequently, the weekly regional averages are almost universally more than double last week's averages, Day Ahead prices averaging \$71.93/MWh in Indy Hub, \$69.33/MWh in AD Hub, and \$59.70/MWh in NI Hub and Real Time prices averaging \$65.83/MWh, \$64.45/MWh, and \$59.21/MWh, respectively. Demand is expected to peak today before temperatures turn more tolerable next week, bringing price relief.

### MW

Sweltering heat provoked the highest demand of the year to date yesterday. The large cooling load has increased Day Ahead prices to averages of \$80.02/MWh in PJM Western Hub, \$65.38/MWh in the Hudson Valley/NYC region of NYISO, and \$58.61/MWh in the WCMASS zone of ISO-NE. Real Time prices are also higher since last week across the board, averaging \$74.19/MWh, \$86.38/MWh, and \$55.88/MWh, respectively. Today is on track not only to set a new all-time demand record in PJM, which would further strain prices and likely trigger extended emergency alerts, but also to hold as the summer peak in NYISO and ISO-NE.

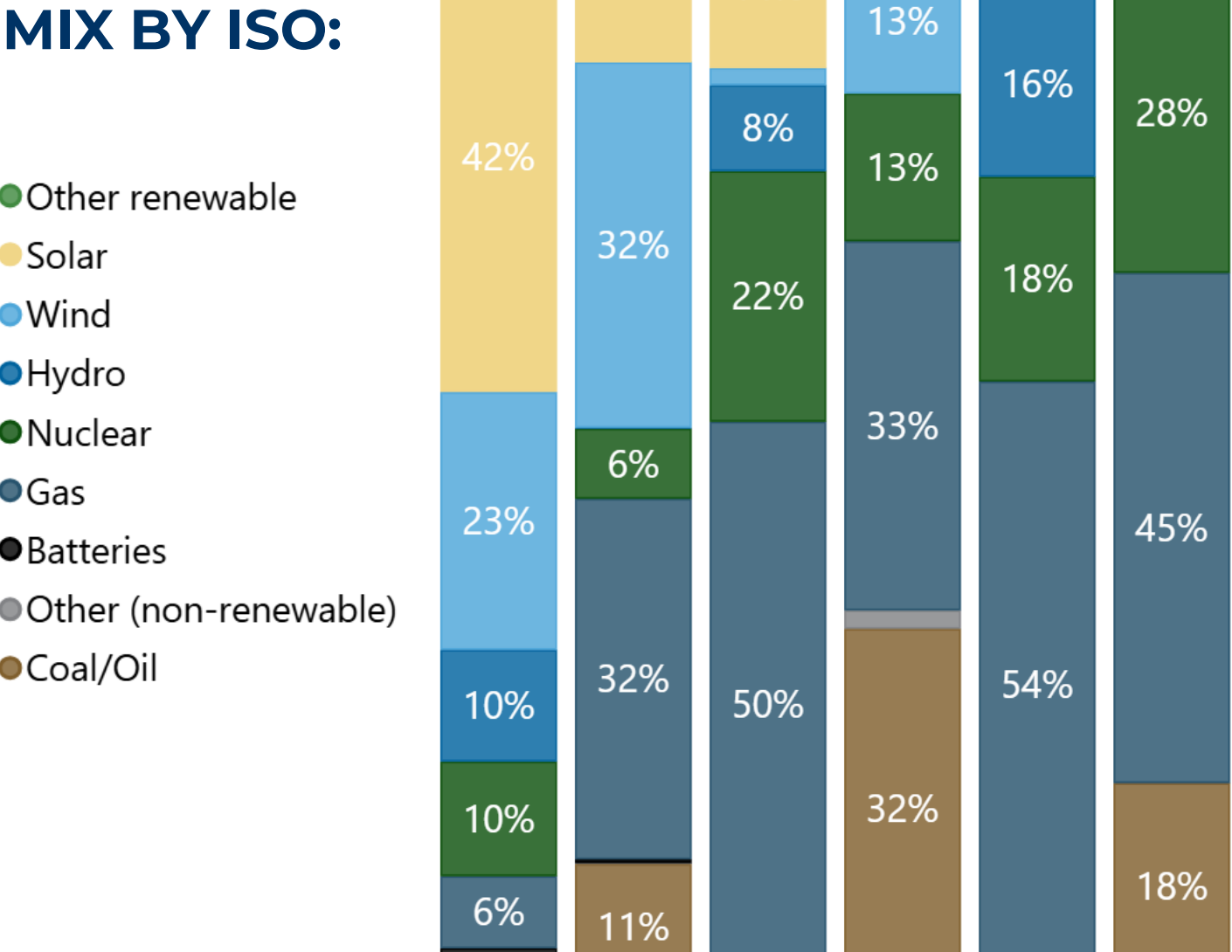
### EAST

## REAL TIME PRICES:

6/25/2026 - 7/1/2026

ISO	RT Average	Off Peak	On Peak	Max	Weekly Change
CAISO	\$13.01	\$15.95	\$10.80	\$133.04	(\$9.50) ↓
MISO	\$61.93	\$35.61	\$90.89	\$1,415.45	\$32.93 ↑
NEISO	\$54.91	\$46.73	\$63.92	\$171.93	\$15.41 ↑
NYISO	\$69.80	\$45.32	\$96.73	\$1,702.89	\$30.49 ↑
PJM	\$66.41	\$30.63	\$105.73	\$1,486.67	\$33.47 ↑

## WEEKLY GENERATION MIX BY ISO:



## WEEKLY WEATHER UPDATE:

While conditions along the West Coast and in a good portion of the Southwest will remain seasonably normal and even boast temperatures notably below normal in California over the 1-to-5-day forecast period, the weather in most of the rest of the country, especially the region from the Midwest through the East, will be particularly scorching. During the 6-to-10-day forecast period, temperatures should remain typical along the West Coast but relatively elevated in all other parts of the U.S. Temperatures should return to normal in much of the South and East but rise considerably along the West Coast for the 11-to-15-day forecast period.

In addition to this weather outlook, please see the 8-14-day temperature and precipitation outlooks below, which show the probability of above, near, or below-normal conditions for the week ahead.

